



## Fast & Easy Way to get your benefits info

As part of your employee health benefits plan, you have access to electronic explanations of benefits, or eEOBs. Your eEOB shows your medical claims and payments processed by Trustmark Health Benefits, the administrator for your health benefits plan.

After you see your doctor or have a test done, we'll send you an email letting you know your eEOB is ready. Just follow the instructions in that email to access it via [myTrustmarkBenefits.com](https://myTrustmarkBenefits.com). You have access to your information quickly, securely, and from anywhere, anytime. You saved some trees too!

### Take a minute to verify your email address

1. Log into [myTrustmarkBenefits.com](https://myTrustmarkBenefits.com).
2. Click the **About Me** tab at the top of the page.
3. You can change this address anytime.

Expect **more.**  
**Benefit** more.

If you have any questions about this process or your eEOB, just call the number located at the top of your ID card.